



# Sample Menu

	Breakfast	Lunch	Dinner
<b>Day 1</b>		Arrive at Camp - bring cut lunch	Homemade Soup Meatballs Sweet Potato and Vegetable Wellington Rice & Sweetcorn Salad Bar Fruit Jelly
<b>Day 2</b>	Choice of Cereals White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Pancakes	Homemade Soup Salad Bar Quiche Fruit Bar	Homemade Soup Beef Goulash, Veggie Goulash Roast Potatoes Green Beans & Broccoli Salad Bar Fruit Salad & Cream
<b>Day 3</b>	Choice of Cereals White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Hash Browns & Baked Beans	Homemade Soup Salad Bar Baked Potatoes & Toppings Fruit Bar	Depart Camp