



# What to bring

## on a PGL Adventure Camp

Please ensure that all items are named.

### CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets**
    - T-shirts
    - Long sleeved shirt/T-shirts
    - Waterproof jacket
    - Fleeces/jumpers
  - Long pants or leggings** but not jeans as they get heavy and cold when wet
  - 1 or 2 sets of **clothes for the evening**
  - Suitable **sleepwear**
  - Swimwear** for the pool
  - Underwear & socks**
- Your arms will need to be covered to do some activities.*
- We recommend long pants are worn for all outdoor activities*
- Your socks will need to cover your ankles to do some activities.*

### OTHER ITEMS

- 2 towels** → 1 for showering  
1 old one for activities
- Plastic **drinks bottle**
- Small **backpack**
- Labelled **bin bag** for wet and dirty clothing
- Sleeping bag or doona** and pillow (unless otherwise advised)
- Toiletries bag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Money** for souvenirs and refreshments (suggested \$20)

### PLEASE DO NOT BRING

**✗ Electrical devices**

**✗ Computer games**

**✗ Jewellery/valuables**

**✗ Aerosols/sprays**

If you bring your **mobile phone**, please note, it is not covered by our insurance.

### FOOTWEAR

- 2 pairs** of sneakers → 1 for activities  
→ 1 old pair for wet activities
- 1 pair of dry shoes** for evening activities
- Thongs** for showering

### TRAVELLING IN THE...

**...SUMMER?**

- Shorts
- Baseball hat/sun hat
- Sunscreen

**...WINTER?**

- Warm jacket
- Waterproof jacket
- Hat and gloves

### Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

**NAME EVERYTHING!**