



# PGL Packing Guide

Our top 20 essentials to pack for a PGL camp

You'll have more fun if well prepared!



1.

## NIGHTWEAR & UNDIES

Don't forget that for some activities you'll need socks that cover your ankles. Yes, really!

2.

## TOWELS

One for the shower and one for drying off after water activities.

3.

## PANTS / LEGGINGS FOR ACTIVITIES

At least 3 pairs but NOT jeans - if you get wet they are really uncomfortable and they take forever to dry.

4.

## SHORTS

At least 2 pairs that come to the knee, which is essential when wearing a harness - although you might not need these in the winter

5.

## RUNNERS FOR ACTIVITIES

They don't need to be anything special.



6.

## RUNNERS FOR WATERSPORTS

They'll probably get wet, so old ones are best.

7.

## SHOES FOR INDOORS & EVENINGS

The shoes you wear for activities may get muddy so bring another pair for the evenings/indoors if you can.

8.

## FLEECES/ SWEATSHIRTS

It's not cool to be cold! Bring layers - even in the summer the evenings can be chilly.



9.

## LONG SLEEVED T-SHIRTS/TOPS

Some activities require arms to be covered.

10.

## T-SHIRTS/TOPS

Old ones are fine.

11.

## WATERPROOF JACKET/WARM COAT

It's usually a few degrees cooler at camp than it is in the city and yes, you will still be doing activities even if it rains.

12.

## EVENING CLOTHES

You might get dirty doing activities so you'll need one or two sets of clothes for the evenings.

13.

## A HAT

Keep the sun off or the heat in! Depending on the time of year, you'll need either a sun hat or a warm hat for the winter.

14.

## BATHERS FOR WATERSPORTS ACTIVITIES

Don't forget these if you're going to be taking part in watersports!

15.

## SLEEPING BAG/ DOONA & PILLOW

Check that this hasn't been included as part of your booking.



16.

## TORCH

Shhh...if you need something in the middle of the night, you need to be able to see what you're doing without waking everyone up!

17.

## PLASTIC BAGS FOR WET CLOTHES

Lake water doesn't smell good after a couple of days so make sure you can keep your wet stuff separate!

18.

## SMALL BAG / DAY PACK

You'll need to take dry clothes to change into after some activities.



19.

## REFILLABLE WATER BOTTLE

Be well hydrated! PGL camps have plenty of places where you can refill a water bottle.

20.

## TOOTHBRUSH, TOILETRIES AND THINGS FOR SHOWERING

Soap, shower gel, toothpaste etc. Don't forget sunscreen is essential in summer.