



Risk Profile

The following risks have been identified through PGL's risk assessment process:

- a. Equipment Failure – Structure, Springs, Beds
- b. Slips/trips/falls inside the frame/compartments and from the external frame
- c. Impact with the frame, nets and all parts, including springs
- d. Entering and exiting the structure
- e. Friction burns due to contact with bed, walls
- f. Extreme Weather
- g. Entrapment of hair, fingers, loose clothing, jewellery in frame, nets and all parts, including springs
- h. Injury from participation/physical exertion
- i. Injury from/to person crawling under structure
- j. Fatigue/exhaustion/dehydration

Implementation of the following operating procedures reduces the residual risk to a level as low as reasonably practicable given the intended purpose of the activity.

Control Measures

Deployment Requirements

Instructor Qualifications:	Centre based Training and Assessment by a competent person Leader led complying with 'Leader Led Resource' Document
Instructor: Participant ratio:	1:15
Max group size	15
Active participation:	1:4

1. Equipment Requirements

Per Instructor:

- Stopwatch
- Scoresheet

Per Activity Base:

- Soft foam balls – 1 per 2 on individual trampolines, 1 per 4 on single trampoline. (Basketballs and footballs are not suitable)



Normal Operating Procedure Aeroball

#TEAMPGL

2. Specific Clothing Requirements:

Participants & Instructor: (only if participating)

- Loose fitting sports clothing - t-shirts & shorts may be worn
- Long hair tied back
- Socks
- Jewellery removed with long hair tied back and out of the way

3. Session Preparation

- a. Aeroball unit and beds must be checked visually as per the ACOP
 - i. before each session
 - ii. monthly:
- b. An upper safe working limit of 16 stone or 100kgs must be applied to each individual pod on the aeroball structure.

4. Session Instruction

- a. A warm up must be carried out prior to each game as well as at the very start of the activity
- b. Long hair must be tied back
- c. Participants must be given the safety brief as per the ACOP
- d. Going underneath the Aeroball beds is strictly prohibited
- e. An agreed safe word must be in place to stop a game in progress
- f. Participants must be taught correct bouncing technique as described in the ACOP
- g. Only one participant is permitted per section
- h. Shoes must be removed before entering the Aeroball unit
- i. The instructor must supervise participants entering and exiting the Aeroball unit
- j. Participants must remain seated in their section until everyone is in position and told to stand. When each game is over they must stop and sit down before exiting
- k. Games should be a maximum of three minutes' long
- l. All games must be continuously monitored.
- m. All non-active participants must likewise be monitored; they may approach the Aeroball structure, but must not touch moving parts (springs, bed) or joints in the frame
- n. The game must be stopped if:
 - i. An injury is sustained by any participant
 - ii. The ball becomes lodged in the structure
 - iii. Any of the group behave inappropriately
 - iv. If a participant places themselves in immediate danger
- o. The instructor should encourage participants to take a drink after playing each game and may organize a 'drinks break' if there are no drinks immediately available, especially in hot weather or indoor venues.

5. Session Conclusion

- a. If not in a secured area, ensure that access is closed after use
-